

EMOTIONAL SOBRIETY WORKSHOP WITH DR. BERGER AND THOM RUTLEDGE, MSW - PART 4: *THE PATH TO INNER PEACE AND EMOTIONAL FREEDOM*

June 26, 2022 at Harmony Hollow Farm



Workshop Description

Emotional sobriety is about learning to soothe ourselves and to establish a quiet mind and calm heart. This is impossible when we are experiencing a civil war raging inside.

You are invited to join Dr. Berger and Thom Rutledge for what promises to be a powerful experience in discovering new possibilities in resolving internal conflicts, integrating disharmonious self-parts, and creating a greater coordination and balance of all of what we are.

When: Sunday - June 26, 2022

Time: 10am - 5pm

Fee: \$75.00 - Lunch Included

Where: Harmony Hollow Farm, 35 Harbourton Mt. Airy Rd., Lambertville, NJ 08530.

About The Workshop Leaders: Dr. Berger is considered a leading authority on emotional sobriety. He is the author of the bestselling new release on emotional sobriety, *12 Essential Insights for Emotional Sobriety*. His workshops are a recovery

mainstay for many trudging the road to recovery. You can learn more about Dr. Berger and his work at www.abphd.com.

He is joined in this workshop with his colleague and good friend Thom Rutledge. Thom is also a very successful author and master clinician. You can learn more about Thom and his work at <https://www.thomrutledge.com>.

Registration Procedure: Send an email to Dr. Berger at abphd@msn.com including the number of registrants and their names and your contact information. Then send Dr. Berger the registration fees for the registrants to either his Venmo at Allen-Berger-1 or by Zelle to his email address.

You may also send a check to Dr. Berger at: 3420 Aquetong Road, Doylestown, PA 18902.

More Information: If you have any questions or require more information give either Dr. Berger a call at 818-584-4795 or Brad Langenberg at 310-990-7010.